

# MARATHON 26.2 COURSE

The Sanctuary ● Mile Marker ▲ Hydration



## 2024 MARATHON WEEKEND

### THURSDAY, DECEMBER 12

- 3-6:30pm Marathon Expo | WBCC
- 3-6:30pm Packet Pick Up | WBCC
- 4-5pm A Run in Nature | The Preserve

### FRIDAY, DECEMBER 13

- 9:30am Shake Out Run | The Nest at Night Heron Park
- 9:30am-8pm Marathon Expo & Holiday Market | WBCC
- 10am-8:30pm Packet Pick Up | WBCC
- 12-8pm Pre-Race Dinner Pick Up (pre-orders recommended) | WBCC
- 4:30pm Glow Run Pre-Race Party Register at RunSignup.com
- 5:45-6:45pm 5K & 1 mile Beach Glow Run Register at RunSignup.com Sanctuary Beach Access

### SATURDAY, DECEMBER 14

- 5:30am Off-Island Shuttle - Begins from parking near Freshfields Village to the race venue
- 6:15-7:45am Packet Pick Up | WBCC
- 6am-2pm Marathon Expo | WBCC
- 6:30-10am Breakfast-to-go available for purchase West Beach Pool Deck
- 7-7:20am Race Day Stretch | Beach at Boardwalk 5 Complimentary
- 7am-3pm Pre-Registered Bike Pick Up & Bike Rentals 26" bikes only | WBCC

### SATURDAY, DECEMBER 14

- 8am RACE START | Outside WBCC Full & Half Combined Start
- 7:55-9am Road Closures: Avoid Kiawah Beach Dr & Parkway
- 8:30am-12pm Heron Park Nature Center Open
- 9:30am-2:30pm Full & Half Marathon Party Celebration Tent | Race bib required for food & beer
- 10am-2pm Party on the Pool Deck The Sanctuary Pool Deck Grilled Sandwiches & Bloody Mary Bar To-Go Options
- 11:30am Half Marathon Awards Ceremony Celebration Tent
- 1pm Full Marathon Awards Ceremony Celebration Tent
- 2:30pm Race Course Closes

### SUNDAY, DECEMBER 15

- 8:30-11am Lost & Found, Award Pick Up, Merchandise WBCC
- 8:30am-3pm Heron Park Nature Center Open
- 9:30-10:30am Yoga Recovery | Book through RunSignUp.com

#### KEY

WBCC:  
West Beach Conference Center  
2 SHIPWATCH ROAD, KIAWAH ISLAND, SC 29455

## MARATHON AID STATIONS

Water station miles are approximate

- MILE 2** Water, Gatorade
- MILE 3.5** Water, Gatorade, Oranges, Bananas
- MILE 4.5** Water, Gatorade, Oranges, Bananas
- MILE 7** Water, Gatorade, Twizzlers
- MILE 8** Water, Gatorade, Oranges, Bananas
- MILE 11** Water, Gatorade, Oranges, Bananas
- MILE 12.5** Water, Gatorade, Twizzlers
- MILE 14.5** Water, Gatorade, Oranges, Bananas
- MILE 16.5** Water, Gatorade, Pretzels
- MILE 19** Water, Gatorade, Oranges, Bananas
- MILE 20.5** Water, Gatorade, Pretzels
- MILE 21.5** Water, Gatorade, Coke, Doughnut Holes
- MILE 23** Water, Gatorade, Jelly Beans, Oranges
- MILE 24.5** Water, Gatorade, Oranges, Bananas
- MILE: 25.5** Water, Gatorade

