



## Unique Recreational Activities for All Ages

As a winner of the “Excellence in Programming” Award from the Resort and Commercial Recreation Association, Kiawah Island Golf Resort Recreation offers exceptional activities designed for children, teens, adults and families. Kayaking, paddle-boarding, bicycling, and Kamp Kiawah are just a few of the extraordinary activities that are offered to guests of Kiawah Island Golf Resort.

The Kiawah Island Nature Program continues to receive national attention for its unique outdoor educational opportunities such as kayaking, biking, birding and walking tours. Each program is led by a resort Naturalist and is geared toward a different area of the island’s coastal ecology, providing the opportunity to learn about wildlife such as alligators, sea turtles, Bottlenose Dolphins, bobcats and more than 200 species of birds. Our 14 passenger family-friendly Eco tour boat is ideal for dolphin watching, sunset tours and nature photography. Our tournament-winning Captains enable guests to experience the best fishing the Lowcountry has to offer. From creeks and marshes, to the offshore sandbars and reefs, Kiawah Island provides year-round world-class fishing perfect for everyone from families to the serious anglers.

For children, there’s **Kamp Kiawah** – a supervised, fun-filled activity program for children 3 to 11 years old. Established two decades ago, Kamp Kiawah keeps children enthralled with its Waterpark Escapades, Nature Adventure Days, Messy Scientist Days, Pool Parties, Hula Contests, Relay Races and more. Kamp Kiawah gives parents the opportunity to participate in island luxuries and adventures of their own. Kiawah Island Golf Resort has also created several **Teen Programs**, providing those guests aged 13-18 supervised activities to meet and hang out with the other teens on the island. On the list of seasonal activities are Sports Madness, Laser Tag, GPS Scavenger Hunts, pool parties, Basketball and Volleyball Tournaments, Dance Contests and more.

Parents won’t feel left out, though, because they can join their children and teens in activities specifically designed for **Families**, including Sand Sculpture Contests, Family Movies, Bingo, Family Game Shows, Festivals and Ice Cream Socials.

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Additionally, with two new swimming pools added in 2012, the fun keeps growing! Close to \$2.5 million dollars was spent on new pools including a large children's pool at the Night Heron Park, complete with a variety of water features including two open flume slides and toddler alligator slide. Another children's pool opened in West Beach featuring both a 5-foot deep swimming area and a large aqua playground with water cannons and slides for children. It also includes a closed flume slide with a 90-foot run. The main Night Heron family pool has undergone a complete facelift with a 9-inch deep aqua lounge, designated morning lap swim area and a basketball hoop - the perfect place for quiet adult relaxation and family interaction.

There are also facilities for less structured activities, such as the 21-acre **Night Heron Park** complete with a basketball court, soccer field, pavilion area, volleyball court, disc golf course, Ga-Ga ball pit, and bicycle rental shop. Night Heron Park also serves as a popular gathering spot for special events, such as holiday celebrations, festivals, symphony concerts, family park cookouts, and beach music parties. The Recreation staff also offers all sorts of lessons and classes in the park, including archery, bike lessons, and Tai Chi and Yoga classes. The Night Heron Park Nature Center is home to many unique exhibits housing some of the wildlife found on or around the island.

In addition to the various programs and activities listed above, Kiawah Island Golf Resort Recreation hosts an annual triathlon and marathon. The Kiawah Island Triathlon is held the third Sunday in September and is a USAT sanctioned intermediate distance competition featuring a .7-mile swim, 25.1-mile bike and 6.1-mile run. The Kiawah Island Marathon offers a full or half-marathon race held annually on the the second Saturday in December with over 4,000 runners.