

Full Marathon | 26.2 Race Course



The Sanctuary Hotel

Mile Marker

H2O Water Station

Spectators



Kiawah Island
GOLF RESORT

2018 MARATHON WEEKEND

Contact: 843.768.6001 | Kiawah_Marathon@KiawahResort.com



CALENDAR OF EVENTS

THURSDAY, DECEMBER 6

- 4pm - 7pm **Marathon Expo:** EBCC
- 4pm - 7pm **Race shirt, B-tag/Bib pick up:** EBCC

FRIDAY, DECEMBER 7

- 10am - 8:30pm **Marathon Expo:** EBCC
- 10am - 8:30pm **Race shirt, B-tag and bib pick up:** EBCC
- 10:30am - 6:30pm **Holiday Market:** Race Venue
- 2:30pm - 4pm **Pre-race Bike Tour:** Reservations required, bikes supplied, see info desk in EBCC
- 3:30pm - 5pm **Pre-race Van Tour:** Course Preview Tour. Reservations required, see info desk in EBCC
- 4:30pm - 5:30pm **Glow in the Dark Color Run Pre-Race Party:** Sanctuary Beach Access
- 5pm - 8:30pm **Pre-race Celebration Buffet:** EBCC, Walk-ups welcome
- 5:30pm **1-Mile and 5K Beach Color Run:** Sanctuary Beach Access, reservations required, see info desk in EBCC
- 7pm **Pre-Race Yoga:** Sanctuary Grand Oaks Ballroom, reservations required, see info desk in EBCC

SATURDAY, DECEMBER 8

- 5am **Off-island shuttle:** Begins from off-island parking near Freshfields Village to the race venue, and runs on demand until course closes
- 6:15am - 7:45am **Race shirt, B-tag and bib pick up:** EBCC
- 6:30am - 9am **Pre-registered bike pick-up and bike rentals:** Adult 26" bikes only, Race Venue
- 6:30am - 12pm **Bike Rentals:** All sizes, Sanctuary Bike Pavilion
- 6:30am - 2pm **Marathon Expo:** Finish Line
- 6:45am - 7:15am **Pre-race Warm-up:** All runners welcome, complimentary. Governor's Hall, EBCC

- 7:55am - 8:45am **Road Closure:** Kiawah Island Parkway from Night Heron Park to Vanderhorst Gate and Governor's Drive from Vanderhorst Gate to Flyway Drive
- 8am **RACE START:** Sea Forest Drive
- 8:30am - 12pm **Heron Park Nature Center Open:** Night Heron Park
- 9am - 12pm **Family Room open:** EBCC, unsupervised
- 9:30am **Half Marathon "unofficial" Race Results:** Begin to be posted, Celebration Tent
- 9:30am - 2:30pm **Full and Half Marathon Party:** Celebration Tent, race bib required for food
- 10am - 2pm **Party on the Pool Deck:** Grilled sandwiches and Bloody Mary Bar. To go options available. Sanctuary Pool Deck.
- 11:30am **Half Marathon Awards Ceremony:** Celebration Tent
- 11:45am **Marathon Unofficial Race Results:** Begin to be posted, Celebration Tent
- 1pm **Full Marathon Awards Ceremony:** Celebration Tent
- 2:30pm **Race course closes**

SUNDAY, DECEMBER 9

- 8:30am - 1pm **Lost and Found, Award Pick-up, Marathon Merchandise:** EBCC
- 8:30am - 3pm **Heron Park Nature Center Open:** Night Heron Park, 843.768.6001
- 10am **Yoga Recovery:** Sanctuary Grand Oaks Ballroom, reservations required.

KEY: EBCC-East Beach Conference Center



#KiawahMarathon

Share your Kiawah experience with our Marathon community. Tag Instagram and Twitter with #KiawahMarathon or post photos to our Kiawah Island Marathon Facebook page.

FULL MARATHON AID STATIONS

Water station miles are approximate:

- Mile 2 Water, Gatorade
- Mile 4 Water, Gatorade, Oranges, Bananas
- Mile 6 Water, Gatorade, Twizzlers
- Mile 7.5 Water, Gatorade, Hammer Gels
- Mile 9.5 Water, Gatorade, Hammer Gels
- Mile 11 Water, Gatorade, Twizzlers
- Mile 13 Water, Gatorade, Oranges, Bananas
- Mile 14.5 Water, Gatorade, Pretzels
- Mile 17 Water, Gatorade, Oranges, Bananas
- Mile 19 Water, Gatorade, Pretzels
- Mile 20.5 Water, Gatorade, Ginger Ale, Zone Bars
- Mile 21.5 Water, Gatorade, Oranges, Bananas
- Mile 23.5 Water, Gatorade, Jelly Beans, Oranges
- Mile 25.5 Water, Gatorade

ATTENTION SPECTATORS

Top spectator viewing points are an easy walk from the start and finish line! For more information, please consult with our course experts at the Information Table inside East Beach Conference Center.

Half Marathon | 13.1 Race Course



The Sanctuary Hotel



Mile Marker



H2O Water Station



Spectators



GETTING TO THE START LINE

Off Island Runners: Runners and spectators staying off-island are urged to arrive at parking fields NO LATER THAN 6:30am TO AVOID MISSING THE 8am RACE START. Vehicles will be directed to parking areas near Freshfields Village and shuttled to the race start via motor coach. Shuttle buses begin at 5am. To return to the parking fields post-race, (8:45am - 4pm+), it is important to note the shuttle pick up is at a different location. The return shuttle pick up is near the Roy Barth Tennis Center, located near Sanctuary Beach Drive just beyond the Celebration Tent.

On Island Runners: West Beach Villas: Runners are advised to use the provided shuttle service. Beginning at 5:30am until race start, shuttles will depart every 15 minutes from the Cougar Point Golf Club House. If you wish to drive your car to the race venue, parking is available at the soccer fields at Night Heron Park, from which it is a .4 mile walk to the race start via the bike path.

East Beach Villas: Tennis Club, Turtle Point, Turtle Cove, Turtle Beach, Maritime guests are advised to walk to the race start. If you wish to drive your car to the race venue, parking is available at the soccer fields at Night Heron Park, from which it is a .4 mile walk to the race start via the bike path.

Night Heron Park Villas: Night Heron Cottages, Mariners Watch and Windswept guests are advised to walk to the race start or use the provided shuttle service. Beginning at 5:45am until race start, shuttles will depart every 15 minutes from the 3-way stop on Sea Forest Drive at the entrance to Mariners Watch Villas.

Vanderhorst gate and beyond: Guests staying past the Vanderhorst Gate may park in the soccer field at Night Heron Park, from which it is a .4 mile walk to the race start via the bike path.

Breakfast: Town Center Market (located at the race venue) will be open the entire weekend. On race morning, breakfast will start at 6am. The Market also offers a wide variety of grocery items, sandwiches, pizza, beverages and wireless internet.

RACE START

Personal Article Storage: Two tents, located outside East Beach Conference Center, are available for article storage. All items placed in Article Storage must be in a clear plastic bag measuring no more than 20"x20". A limited number of clear bags are available race morning at the tents. Please write your bib number on the outside of the bag. Do not leave valuables in article storage. We are not responsible for lost items and/or bags. Do not leave unattended bags anywhere. Unattended bags may be removed by Charleston County Sheriff's Office, Kiawah Island Security or race personnel. To avoid security delays throughout the race venue, we highly encourage all spectators and athletes to carry items in clear bags.

Race Start: Race start is located on Sea Forest Drive between The Sanctuary entrance and East Beach Conference Center entrance. Please line up by pace indicated by flags. RACE STARTS PROMPTLY AT 8AM!

Pacers: There will be 15 different pace groups. Nine pacers will lead the full marathon with finish goals ranging from 3:25 to 5:00 hours. Six pacers will lead the half marathon with finish goals ranging from 1:45 to 3:00 hours. Beginning at 7:30am, pacers will be lining up at the starting line holding their pace sign. Even if you are not running with a pacer, we ask that everyone line up according to their Pace.

RACE COURSE INFORMATION

Aid Stations: Water, Gatorade, oranges, bananas, etc. and port-o-lets will be located approximately every two miles, as well as at the start and finish lines. At each Aid Station, volunteers will hand out water first and Gatorade second. Volunteers distributing Gatorade will be wearing yellow jerseys.

Course: The course will be marked with signs, arrows, cones and race monitors. Digital clocks will be placed at key mile markers for split times.

Drop Zones: Immediately following each water station is a 'Drop Zone'. We ask that all cups, fruit peels, Gu packets, clothing, etc. be deposited only in these areas. To claim articles that are lost or left on the course, please visit the EBCC on Sunday morning between 8:30am and 1pm.

Medical: Medical personnel from Trident Sports Medicine, MUSC and Charleston County EMS will be available at the finish line medical tent and on the course to assist any runner in case of an emergency.

POST-RACE INFORMATION

Results: Half Marathon and Full Marathon results will be posted at the Finish Line Celebration Tent. Results will also be posted on KiawahMarathon.com & rmssports.com.

Finish Line Celebration: There will be a fantastic Finish Line Celebration featuring a carb re-load buffet, beer and live entertainment. The complimentary buffet is available to bibbed runners only - please keep bib visible.

Wrist bands for beer can be purchased (\$10) for non-runners at the Info table adjacent to the beer trailer. Our beer selection includes Palmetto Amber Ale, Michelob Ultra and Angry Orchard.

Award Ceremonies: Inside the Finish Line Celebration tent, friends and family members are welcome to join runners at 11:30am for the Half Marathon awards ceremony and 1pm for the Full Marathon awards ceremony.

Lost & Found: For articles lost in and around the race venue, please check at the information/t-shirt pick-up desk in the lobby of the EBCC. To claim articles that are lost or left on the course, visit EBCC Sunday at 8:30am - 1pm. Call 843.768.6001 for information. Unclaimed items will be donated.



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HALF MARATHON AID STATIONS

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Mile 2	Water, Gatorade
Mile 4	Water, Gatorade, Oranges, Bananas
Mile 6.5	Water, Gatorade, Oranges, Bananas
Mile 8.5	Water, Gatorade, Oranges, Bananas
Mile 10.5	Water, Gatorade, Jelly Beans, Oranges
Mile 12	Water, Gatorade

Special Thanks To:

Charleston County Emergency Medical Service	Kiawah CERT
Charleston County Radio Communication	Kiawah Island Community Association
Charleston County Rescue Squad	Medical University of South Carolina
Charleston County Sheriff's Office	St. John's Fire and Rescue
	Town of Kiawah Island
	Trident Sports Medicine